



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

**Bastam, Gerlind**

Club: Sonntagswalker  
Number: 163

Course: 12.00 km  
Nordic Walking

Category:  
Frauen

Total time: 1:51:56

Speed: 6.43 km/h  
Running performance: 9:20 min/km

Rank in course/Total: 24 (of 33)  
Rank in course/Women: 13 (of 19)  
Best time in course: 1:36:52

Rank in category: 13(of 19)  
Best time in the category: 1:36:52