



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Seyfarth, René

Club: Weimar
Number: 113

Course: 6.00 km
6 km Lauf

Category:
Männer M20

Total time: 35:17

Speed: 10.20 km/h
Running performance: 5:53 min/km

Rank in course/Total: 16 (of 44)

Rank in course/Men: 13 (of 29)

Best time in course: 28:53

Rank in category: 5(of 6)

Best time in the category: 30:35