



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Hitzer, Simone

Club: ASV Erfurt

Number: 54

Course: 17.00 km

17 km-Lauf

Category:

Frauen W45

Total time: 2:09:42

Speed: 7.86 km/h

Running performance: 7:38 min/km

Rank in course/Total: 91 (of 91)

Rank in course/Women: 18 (of 18)

Best time in course: 1:24:06

Rank in category: 5(of 5)

Best time in the category: 1:28:24