



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Schönknecht, Mario

Club: ZSG Waltershausen  
Number: 106

Course: 6.00 km  
6 km Lauf

Category:  
Männer M40

Total time: 29:09

Speed: 12.35 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 2 (of 44)

Rank in course/Men: 2 (of 29)

Best time in course: 28:53

Rank in category: 2(of 3)

Best time in the category: 28:53