



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Höhn, Frank

Club: Rohrlach-Soth & Kober, Steuerberater  
Number: 123

Course: 6.00 km  
6 km Lauf

Category:  
Männer M55

Total time: 36:56

Speed: 9.75 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 20 (of 44)

Rank in course/Men: 18 (of 29)

Best time in course: 28:53

Rank in category: 2(of 2)

Best time in the category: 34:02