



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Wolf, Jörg

Club: Tambach
Number: 118

Course: 6.00 km
6 km Lauf

Category:
Männer M45

Total time: 37:08

Speed: 9.69 km/h
Running performance: 6:11 min/km

Rank in course/Total: 21 (of 44)

Rank in course/Men: 19 (of 29)

Best time in course: 28:53

Rank in category: 2(of 3)

Best time in the category: 32:28