



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Orban, Eberhard

Club: Einheit Arnstadt  
Number: 107

Course: 6.00 km  
6 km Lauf

Category:  
Männer M50

Total time: 42:45

Speed: 8.42 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 33 (of 44)

Rank in course/Men: 27 (of 29)

Best time in course: 28:53

Rank in category: 6(of 7)

Best time in the category: 29:15