



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Großmann, Gerald

Club: SV Motor / FC Mittwoch  
Number: 139

Course: 6.00 km  
6 km Lauf

Category:  
Männer M50

Total time: 45:40

Speed: 7.88 km/h  
Running performance: 7:37 min/km

Rank in course/Total: 35 (of 44)

Rank in course/Men: 28 (of 29)

Best time in course: 28:53

Rank in category: 7(of 7)

Best time in the category: 29:15