



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Henneberg, Ute

Club: SV Motor Tambach-Dietharz
Number: 141

Course: 6.00 km
6 km Lauf

Category:
Frauen W45

Total time: 47:26

Speed: 7.59 km/h
Running performance: 7:55 min/km

Rank in course/Total: 36 (of 44)
Rank in course/Women: 8 (of 15)
Best time in course: 31:15

Rank in category: 2(of 3)
Best time in the category: 31:46