



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Messer, Ralitza

Total time: 48:14

Club: Ruschel & Coll. GmbH & Co. KG Steuerberatungsgesellschaft

Number: 130

Speed: 7.46 km/h

Running performance: 8:02 min/km

Course: 6.00 km

Rank in course/Total: 38 (of 44)

6 km Lauf

Rank in course/Women: 9 (of 15)

Best time in course: 31:15

Category:

Rank in category: 1(of 1)

Frauen W35

Best time in the category: 48:14