



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Reif, Bernd

Club: Gotha  
Number: 6

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M40

Total time: 1:10:39

Speed: 14.44 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 4 (of 91)

Rank in course/Men: 4 (of 73)

Best time in course: 1:07:21

Rank in category: 2(of 14)

Best time in the category: 1:07:21