



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Abraham, Daniel

Club: Luisenthal  
Number: 5

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M35

Total time: 1:12:02

Speed: 14.16 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 5 (of 91)

Rank in course/Men: 5 (of 73)

Best time in course: 1:07:21

Rank in category: 2(of 10)

Best time in the category: 1:08:34