



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Steinmetz, Jana

Club: Steuerkanzlei Zanin & Partner
Number: 128

Course: 6.00 km
6 km Lauf

Category:
Frauen W30

Total time: 55:25

Speed: 6.50 km/h
Running performance: 9:14 min/km

Rank in course/Total: 41 (of 44)
Rank in course/Women: 12 (of 15)
Best time in course: 31:15

Rank in category: 2(of 2)
Best time in the category: 39:37