



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Jacob, Andreas

Club: Weimar  
Number: 79

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M50

Total time: 1:22:25

Speed: 12.38 km/h  
Running performance: 4:51 min/km

Rank in course/Total: 21 (of 91)

Rank in course/Men: 21 (of 73)

Best time in course: 1:07:21

Rank in category: 5(of 13)

Best time in the category: 1:16:05