



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Metz, Stefan

Club: Tambach-Dietharz
Number: 82

Course: 17.00 km
17 km-Lauf

Category:
Männer M35

Total time: 1:23:48

Speed: 12.17 km/h
Running performance: 4:56 min/km

Rank in course/Total: 24 (of 91)

Rank in course/Men: 24 (of 73)

Best time in course: 1:07:21

Rank in category: 5(of 10)

Best time in the category: 1:08:34