



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

**Becher, Markus**

Club: Friedrichroda  
Number: 112

Course: 6.00 km  
6 km Lauf

Category:  
Männer M20

Total time: 30:53

Speed: 11.66 km/h  
Running performance: 5:09 min/km

Rank in course/Total: 7 (of 44)

Rank in course/Men: 7 (of 29)

Best time in course: 28:53

Rank in category: 2(of 6)

Best time in the category: 30:35