



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Frühwirt, Juliane

Club: Arnstadt  
Number: 138

Course: 6.00 km  
6 km Lauf

Category:  
weibliche Schüler A

Total time: 31:15

Speed: 11.52 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 8 (of 44)  
Rank in course/Women: 1 (of 15)  
Best time in course: 31:15

Rank in category: 1(of 1)  
Best time in the category: 31:15