



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Knoll, Markus

Club: KS Sportsworld  
Number: 91

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M40

Total time: 1:29:12

Speed: 11.43 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 40 (of 91)

Rank in course/Men: 38 (of 73)

Best time in course: 1:07:21

Rank in category: 7(of 14)

Best time in the category: 1:07:21