



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Hasenauer, Christof

Club: Ilmtal
Number: 83

Course: 17.00 km
17 km-Lauf

Category:
Männer M45

Total time: 1:32:49

Speed: 10.99 km/h
Running performance: 5:28 min/km

Rank in course/Total: 51 (of 91)

Rank in course/Men: 47 (of 73)

Best time in course: 1:07:21

Rank in category: 9(of 16)

Best time in the category: 1:13:23