



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Aberle, Karsten

Club: Komaläufer
Number: 37

Course: 17.00 km
17 km-Lauf

Category:
Männer M40

Total time: 1:33:24

Speed: 10.92 km/h
Running performance: 5:29 min/km

Rank in course/Total: 55 (of 91)

Rank in course/Men: 50 (of 73)

Best time in course: 1:07:21

Rank in category: 10(of 14)

Best time in the category: 1:07:21