



33. Bärenfanglauf
Suhl / Friedberg / 17.09.2011

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt
Number: 461

Course: 10.00 km
Nordic-Walking-Tour

Total time: 1:23:21

Speed: 7.20 km/h

metres in height up: 365
Course score: 15.48

performance score: 111 Points