



33. Bärenfanglauf  
Suhl / Friedberg / 17.09.2011

Detailed evaluation

Gruchenberg, Fred

Club: Hinternah

Number: 472

Course: 10.00 km

Nordic-Walking-Tour

Total time: 1:25:01

Speed: 7.06 km/h

metres in height up: 365

Course score: 15.48

performance score: 109 Points