



33. Bärenfanglauf
Suhl / Friedberg / 17.09.2011

Detailed evaluation

Spranger, Steffen

Club: Joho Stützerbach
Number: 335

Course: 15.40 km
Hauptlauf

Category:
Männer M40

Total time: 1:30:43

Speed: 9.92 km/h
Running performance: 5:53 min/km

Rank in course/Total: 56 (of 71)

Rank in course/Men: 49 (of 57)

Best time in course: 58:13

Rank in category: 4(of 4)

Best time in the category: 1:04:24