



32. Wartburglauf
Eisenach / 25.09.2011

Detailed evaluation

Lämmerhirt, Silke

Club: Eisenach
Number: 139

Course: 12.50 km
Hauptlauf

Category:
Frauen W45

Total time: 1:07:59

Speed: 10.59 km/h
Running performance: 5:26 min/km

Rank in course/Total: 127 (of 175)

Rank in course/Women: 20 (of 46)

Best time in course: 53:36

Rank in category: 5(of 13)

Best time in the category: 57:45