



32. Wartburglauf  
Eisenach / 25.09.2011

## Detailed evaluation

Plath, Rainer

Club: Kassel  
Number: 83

Course: 12.50 km  
Hauptlauf

Category:  
Männer M45

Total time: 54:57

Speed: 13.10 km/h  
Running performance: 4:24 min/km

Rank in course/Total: 33 (of 175)

Rank in course/Men: 32 (of 129)

Best time in course: 41:28

Rank in category: 7(of 27)

Best time in the category: 46:53