



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Jahreis, Nico

Club: Sportclub Sparkasse Hochfranken

Number: 27

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:14:14

Speed: 16.97 km/h

Running performance: 3:31 min/km

Rank in course/Total: 1 (of 191)

Rank in course/Men: 1 (of 151)

Best time in course: 1:14:14

Rank in category: 1(of 18)

Best time in the category: 1:14:14