



4. Park&See-Lauf  
Hof / 01.10.2011

Detailed evaluation

Traub, Sabine

Club: Reiterhof Gut Haidt e.V.  
Number: 355

Course: 10.00 km  
Volkslauf

Category:  
Frauen W40

Total time: 1:01:00

Speed: 9.84 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 89 (of 175)  
Rank in course/Women: 19 (of 65)  
Best time in course: 49:07

Rank in category: 7(of 15)  
Best time in the category: 49:07