



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Kästel, Monika

Club: IfL Hof

Number: 382

Course: 10.00 km

Volkslauf

Category:

Frauen W60

Total time: 1:02:04

Speed: 9.67 km/h

Running performance: 6:13 min/km

Rank in course/Total: 102 (of 175)

Rank in course/Women: 24 (of 65)

Best time in course: 49:07

Rank in category: 2(of 2)

Best time in the category: 1:01:45