



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Sölch, Michael

Club: MSC Gefrees

Number: 277

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 1:02:07

Speed: 9.66 km/h

Running performance: 6:13 min/km

Rank in course/Total: 104 (of 175)

Rank in course/Men: 79 (of 110)

Best time in course: 41:31

Rank in category: 9(of 12)

Best time in the category: 45:34