



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Jürgen, Thomas

Number: 510

Course: 10.00 km

Volkslauf

Category:

Männer M45

Total time: 1:02:22

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 105 (of 175)

Rank in course/Men: 80 (of 110)

Best time in course: 41:31

Rank in category: 12(of 15)

Best time in the category: 43:22