



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Friedrich, Lukas

Club: Lat-Rat

Number: 600

Course: 10.00 km

Volkslauf

Category:

männliche Schüler B

Total time: 1:03:28

Speed: 9.45 km/h

Running performance: 6:21 min/km

Rank in course/Total: 116 (of 175)

Rank in course/Men: 86 (of 110)

Best time in course: 41:31

Rank in category: 2(of 4)

Best time in the category: 57:43