



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Hackenberg, Bernd

Club: Sportclub Sparkasse Hochfranken

Number: 553

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 1:03:37

Speed: 9.43 km/h

Running performance: 6:22 min/km

Rank in course/Total: 119 (of 175)

Rank in course/Men: 90 (of 110)

Best time in course: 41:31

Rank in category: 14(of 17)

Best time in the category: 47:02