



4. Park&See-Lauf
Hof / 01.10.2011

Detailed evaluation

Weidauer-Frings, Liane

Club: Vineyard Hof

Number: 358

Course: 10.00 km

Volkslauf

Category:

Frauen W40

Total time: 1:03:44

Speed: 9.41 km/h

Running performance: 6:22 min/km

Rank in course/Total: 120 (of 175)

Rank in course/Women: 30 (of 65)

Best time in course: 49:07

Rank in category: 9(of 15)

Best time in the category: 49:07