



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Bauer, Rüdiger

Club: SGB Stadtsteinach

Number: 98

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:19:05

Speed: 15.93 km/h

Running performance: 3:45 min/km

Rank in course/Total: 3 (of 191)

Rank in course/Men: 3 (of 151)

Best time in course: 1:14:14

Rank in category: 1(of 27)

Best time in the category: 1:19:05