



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Seidel, Linda**

Club: REHAU AG & Co

Number: 333

Course: 10.00 km

Volkslauf

Category:

Frauen W20

Total time: 1:05:50

Speed: 9.11 km/h

Running performance: 6:35 min/km

Rank in course/Total: 130 (of 175)

Rank in course/Women: 36 (of 65)

Best time in course: 49:07

Rank in category: 5(of 8)

Best time in the category: 58:12