



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Schelter, Monika**

Club: Rehau

Number: 339

Course: 10.00 km

Volkslauf

Category:

Frauen W30

Total time: 1:06:39

Speed: 9.00 km/h

Running performance: 6:40 min/km

Rank in course/Total: 139 (of 175)

Rank in course/Women: 41 (of 65)

Best time in course: 49:07

Rank in category: 6(of 10)

Best time in the category: 1:01:48