



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Semm, Thomas

Club: Trogen

Number: 572

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 1:06:53

Speed: 8.97 km/h

Running performance: 6:41 min/km

Rank in course/Total: 143 (of 175)

Rank in course/Men: 100 (of 110)

Best time in course: 41:31

Rank in category: 16(of 17)

Best time in the category: 47:02