



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Bruening, Janine

Club: Frankfurt

Number: 341

Course: 10.00 km

Volkslauf

Category:

Frauen W30

Total time: 1:07:35

Speed: 8.88 km/h

Running performance: 6:46 min/km

Rank in course/Total: 146 (of 175)

Rank in course/Women: 44 (of 65)

Best time in course: 49:07

Rank in category: 7(of 10)

Best time in the category: 1:01:48