



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Beyer, Regina

Club: REHAU AG & Co

Number: 556

Course: 10.00 km

Volkslauf

Category:

Frauen W45

Total time: 1:10:17

Speed: 8.54 km/h

Running performance: 7:02 min/km

Rank in course/Total: 159 (of 175)

Rank in course/Women: 51 (of 65)

Best time in course: 49:07

Rank in category: 9(of 13)

Best time in the category: 55:26