



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Kristen, Ivonne

Club: REHAU AG & Co

Number: 562

Course: 10.00 km

Volkslauf

Category:

Frauen W30

Total time: 1:10:29

Speed: 8.51 km/h

Running performance: 7:03 min/km

Rank in course/Total: 160 (of 175)

Rank in course/Women: 52 (of 65)

Best time in course: 49:07

Rank in category: 9(of 10)

Best time in the category: 1:01:48