



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Gößnitzer, Sebastian

Club: Laufgruppe Halleiten

Number: 580

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 1:12:10

Speed: 8.31 km/h

Running performance: 7:13 min/km

Rank in course/Total: 165 (of 175)

Rank in course/Men: 109 (of 110)

Best time in course: 41:31

Rank in category: 11(of 11)

Best time in the category: 46:09