



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Lauterbach, Thomas

Club: SGB Stadtsteinach

Number: 71

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:30:40

Speed: 13.90 km/h

Running performance: 4:18 min/km

Rank in course/Total: 11 (of 191)

Rank in course/Men: 11 (of 151)

Best time in course: 1:14:14

Rank in category: 4(of 39)

Best time in the category: 1:24:38