



4. Park&See-Lauf  
Hof / 01.10.2011

## Detailed evaluation

**Schreck, Dana**

Club: Viessmann kool runnings  
Number: 375

Course: 10.00 km  
Volkslauf

Category:  
Frauen W45

Total time: 1:16:34

Speed: 7.84 km/h  
Running performance: 7:40 min/km

Rank in course/Total: 169 (of 175)

Rank in course/Women: 60 (of 65)

Best time in course: 49:07

Rank in category: 12(of 13)

Best time in the category: 55:26