



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Köppel, Alexander

Club: SG Regnitzlosau

Number: 43

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:32:27

Speed: 13.63 km/h

Running performance: 4:23 min/km

Rank in course/Total: 16 (of 191)

Rank in course/Men: 16 (of 151)

Best time in course: 1:14:14

Rank in category: 2(of 15)

Best time in the category: 1:20:10