



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Zeder, Martin

Club: Rödental

Number: 589

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:36:09

Speed: 13.10 km/h

Running performance: 4:34 min/km

Rank in course/Total: 23 (of 191)

Rank in course/Men: 23 (of 151)

Best time in course: 1:14:14

Rank in category: 10(of 39)

Best time in the category: 1:24:38