



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Kaiser, Holger

Club: LATV Plauen

Number: 70

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:37:23

Speed: 12.94 km/h

Running performance: 4:37 min/km

Rank in course/Total: 25 (of 191)

Rank in course/Men: 25 (of 151)

Best time in course: 1:14:14

Rank in category: 11(of 39)

Best time in the category: 1:24:38