



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Graf, Steffen

Club: IfL Hof

Number: 24

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:38:52

Speed: 12.74 km/h

Running performance: 4:41 min/km

Rank in course/Total: 36 (of 191)

Rank in course/Men: 35 (of 151)

Best time in course: 1:14:14

Rank in category: 5(of 18)

Best time in the category: 1:14:14