



## 4. Park&See-Lauf

Hof / 01.10.2011

### Detailed evaluation

**Dalle, Olaf**

Club: Triathlonfreunde n.e.V Naila

Number: 57

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:42:23

Speed: 12.31 km/h

Running performance: 4:51 min/km

Rank in course/Total: 44 (of 191)

Rank in course/Men: 42 (of 151)

Best time in course: 1:14:14

Rank in category: 16(of 39)

Best time in the category: 1:24:38