



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Hellwig, Klaus-Dieter

Club: Münchberg

Number: 110

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 1:42:37

Speed: 12.28 km/h

Running performance: 4:52 min/km

Rank in course/Total: 46 (of 191)

Rank in course/Men: 44 (of 151)

Best time in course: 1:14:14

Rank in category: 4(of 21)

Best time in the category: 1:37:39