



4. Park&See-Lauf

Hof / 01.10.2011

Detailed evaluation

Rührschneck, Christian

Club: LamLUXaktiv

Number: 608

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:42:43

Speed: 12.27 km/h

Running performance: 4:52 min/km

Rank in course/Total: 47 (of 191)

Rank in course/Men: 45 (of 151)

Best time in course: 1:14:14

Rank in category: 6(of 15)

Best time in the category: 1:20:10